



The Southern Regional Theatre Co.
will present its
25th Spring Musical on
February 25, 26, 27 & 28, 2009.

Southern Regional High School District
105 Cedar Bridge Road
Manahawkin, NJ 08050

Non-Profit Org.
U.S. Postage
PAID
Manahawkin, NJ 08050
Permit No. 34

Postal Patron

SOUTHERN LIGHTS

The Official Newsletter of Southern Regional High School District



Vol. 52 No. 1

Southern Lights

November 2008



Southern Regional Alumni Association Grand Reunion & 2008 Wall of Fame Inductions

The 2008 Wall of Fame Members:
Dr. Fred Duffy, Kirk Larson, Mary Birdsong, Liza Kischenbaum, Steve Aker and Mark Occhipinti. Not pictured Martin Truex Jr. and Anne Nachman.

The Alumni Association hosted its First Grand Reunion on October 4th. "It was a great opportunity to bring together many graduates from the different classes of Southern

Regional. Once a Ram...Always a Ram," said Heather Tatur, President of the Alumni Association. Included in the Grand Reunion were the 2008 Wall of Fame Inductions. The Alumni Association recognized graduates who made a significant contribution to our society since leaving the halls of Southern Regional. "The Alumni Association is proud of our graduates and we are excited to acknowledge their success," said Tatur. The inductees included: Kirk O. Larson, Class of 1972; Liza Kirschenbaum, Class of 1983; Mark Occhipinti, Class of 1978; Mary Birdsong, Class of 1986; Steve Aker, Class of 1963; Anne Nachman, Class of 1982; Dr. Fred Duffy, Class of 1978; and Martin Truex, Jr., Class of 1998.

For more information and to register for the alumni directory, please go to www.srsd.net.

BOARD OF EDUCATION

E. Keith Taege,
President

R. Scott Zoladz,
Vice President

Kevin C. Lyons
John Reilley

Thomas W. Serpico
Stuart Snyder

Rita Sweeney

Christopher Taylor

Marilyn Wasilewski

DISTRICT ADMINISTRATION

Craig Henry,
Superintendent

Daniel MacPhee,

Assistant Superintendent

Lynn E. Shugars,

Business Administrator/Board Secretary

NEWSLETTER

Carolyn S. Placa,
Editor

Southern Regional and Stafford Twp. School District Work Together To Reduce Spending

Southern Regional and Stafford Township School District will team up on December 9th for their Capital Projects Referendum vote. "To reduce spending, we have partnered with Stafford Township School District to schedule the referendum vote on the same day. Each district will save on election costs and where possible, have the opportunity to bid together on similar projects," said Mr. Craig Henry, Superintendent of Southern Regional.

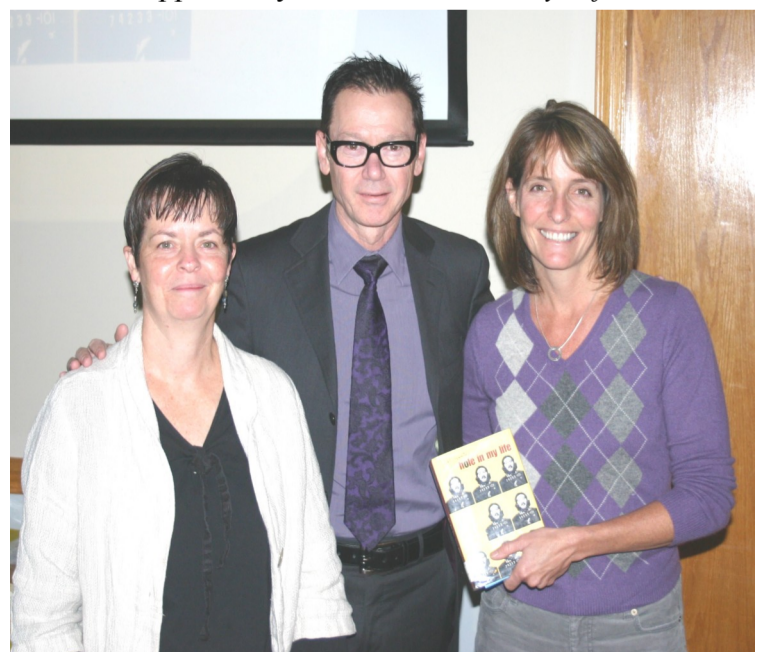
A joint Public Meeting will be held at 7:00 pm on November 24th at the Stafford Township Arts Center (STAC). Southern Regional and Stafford Township will present each of their district's Capital Projects to the voters through two power-point presentations and a question/answer session.

Author + Great Stories Club Grant + Library Cards = Southern Regional's Partnership with Ocean County Library

Jack Gantos, award winning author of the Joey Pigza books and the autobiography *Hole in My Life*, visited Southern Regional's Mainsail Program on October 20th. Mrs. Karol Doucette, English teacher, and Mrs. Chris Rodas, manager of the Stafford Branch of the Ocean County Library, teamed up last spring and received a Great Stories Club Grant. The grant was made possible through a partnership between the American Library Association and Oprah Winfrey. It provided copies of *A Hole in My Life* for the students in the Mainsail program.

"It has been wonderful to work in coordination with the librarians," said Doucette. Last spring, Rodas visited the Mainsail English class and held a book discussion. It was from that book talk that Rodas pursued Jack Gantos to visit Ocean County. "Jack Gantos has been through turbulent times. He describes his troubles as a young man and how he used writing as a vehicle for change. I'm glad my students had the opportunity to read a *Hole in My Life* and now have had the opportunity to meet the man who wrote it," stated Doucette.

The goal of the Great Stories Program is to reach teens through books that are relevant to their lives, while helping to foster an appreciation of the pleasures and benefits of reading. Southern Regional Middle School librarian, Mrs. Johanna McCauley is doing her part with the help of Teen Librarian for the Stafford Branch of the Ocean County Library, Mrs. Priscilla Cordero. On September 26th, 120 7th grade students participated in *Library Card Sign-Up Day*. Students had the opportunity to meet and ask questions of the young adult literature specialist, learn of the different teen programs the library offers, and sign up for a free library card.



Award Winning Author, Jack Gantos, center, visits Southern Regional. Left, Stafford librarian, Priscilla Cordero, and right, English teacher Karol Doucette.

In This Issue

Capital Projects Referendum	page 2-3
Voting Locations	page 3
Community Connection	page 3
Fall Play	page 4
iPlan to Succeed	page 4
S.T.Y.L.E.	page 4
Sports Corner	page 4
31st Child Care Opening	page 4
Did You Know?	page 4
Musical Notes	page 4

Southern Regional High School District Capital Projects Referendum December 9, 2008

On December 9, Southern Regional will ask residents to vote on a Capital Projects Referendum. This vote will address a number of facility maintenance issues within the district as well as code regulations enforced by state and local officials. During the past year, The Board of Education Capital Projects Committee has worked collaboratively with architects and planners to develop a list of projects that need urgent attention. The total cost to address these issues is 6.7 million dollars.

Many of the facility maintenance problems exist because they have been repaired beyond useful life expectancy and are antiquated. Through the funds acquired by the Capital Projects Referendum, more

energy efficient systems will not only save in repair costs but provide additional savings in energy usage.

A number of elements proposed within the Capital Projects Referendum are classified as Tier IV Rehabilitation Projects. Under this New Jersey State Department of Education classification, eligible projects can be funded by the State of New Jersey up to 40%. To minimize the tax impact on property owners, the Capital Projects Referendum Bond will replace existing expired debt. Therefore, on an averaged assessed home, the estimated annual tax impact for Stafford Township will be \$7.70 and an average of \$22.52 for the Long Beach Island constituents.

Southern Regional Capital Projects Overview

Southern Regional Middle School

- Replace 1970 original domestic hot water heaters in cafeteria and gymnasium.
- Replace 1983 and 1988 leaking and damaged roofs.
- Upgrade building entrances to comply with Persons With Disabilities Act for "barrier free access."
- Replace 1970 original windows with energy efficient windows.



Southern Regional High School 9-10 House

- Replace original 1956 boilers.
- Install energy efficient domestic on-demand hot water heaters.
- Provide necessary repair to extend the useful roof life and roof flashing to problematic sections.
- HVAC connectivity in corridors, gymnasium, locker rooms and offices to ensure efficiency.
- Upgrade electrical and emergency lighting to comply with state code and fire enforcement officials.
- Increase gymnasium storage capacity thus replacing rental fee for modular storage units.



Southern Regional High School 11-12 House

- HVAC modifications and adjustments.
- Installation of a Glycol Feed System to decrease energy consumption.



Maintenance—Transportation Building

- Modify existing facility for functional storage and increase lavatory capacity.



Administration & Technology Buildings

- Install emergency generators to maintain technological communication during crisis situations and power outages.



How many questions am I voting on?

If you are a Stafford resident, you are voting on **TWO** questions. If you are a Long Beach Island resident, you are voting on **ONE**.

On each sample ballot and in each voting booth you will find a referendum question for Southern Regional. If you are a resident of Stafford Township, you will also find a referendum question for your community's elementary district: Stafford Township. Please be sure to consider each question carefully and if you are a Stafford resident, vote on both the REGIONAL school district referendum and the ELEMENTARY school district referendum.

What will be the tax impact of the referendum?

The tax impact varies among constituent districts and the averaged assessed home. The "Referendum Tax Impact" chart shows the tax impact in each constituent district based on the average assessed home.

Municipality	Avg. Assessed Home	Annual Tax Impact
Barneгат Light	\$ 832,300	\$23.41
Beach Haven	\$ 657,687	\$23.76
Harvey Cedars	\$1,113,500	\$26.04
Long Beach Twp.	\$ 880,283	\$24.44
Ship Bottom	\$ 512,812	\$15.97
Surf City	\$ 657,930	\$21.52
Stafford Twp.	\$ 297,834	\$ 7.70

Why aren't capital projects included in the school budget?

Due to the 4% budget cap and regulations mandated by the State of New Jersey, school districts are unable to budget for capital projects. Therefore, districts are required to seek funding through a referendum vote.

When and where do I vote?

Voting hours are from 1 p.m. to 9 p.m. on December 9th. Voting locations are listed on page 3 in this newsletter. Additional information can be found on the Southern Regional School District web site: www.srsd.net.

Southern Regional High School District accommodates over

7,122

students, faculty, staff, and members of the public.

**In addition, each building hosts
numerous local activities.**

**The Capital Projects Referendum
seeks to benefit the community as a whole.**

STAFFORD TOWNSHIP VOTING LOCATIONS

DISTRICT #1 & #15

Stafford Township Fire Company #1
133 Stafford Avenue

DISTRICT #2 & #17

Saint Mary's Parish Center
179 South Main Street

DISTRICT #3 & #4

Stafford Twp. Community Center
1199 Mill Creek Road

DISTRICT #5

Fawn Lakes Community Center
6 Sycamore Road

DISTRICT #6, #8, #9, & #12

Ocean Acres Community Center
489 Nautilus Drive

DISTRICT #7, #10, #11, & #19

Ocean Acres Elementary School
Multi-Purpose Room
489 Nautilus Drive

DISTRICT #13

Jennings Road Recreation Center
385 Jennings Road

DISTRICT #14

Atlantic Hills Clubhouse
98 Atlantic Hills Boulevard

DISTRICT #16

Perry's Lake Clubhouse
4 Princeton Drive

DISTRICT #18

Marine Academy of Technology &
Environmental Science Center
195 Cedar Bridge Road

LONG BEACH ISLAND VOTING LOCATIONS

Long Beach Twp. Public Safety Building
Brant Beach

First United Methodist Church
Beach & New Jersey Avenues
Beach Haven Terrace

Long Beach Island Art Foundation
120 Long Beach Blvd., Loveladies

Barnegat Light Fire House
Barnegat Light

Harvey Cedars Municipal Building
Harvey Cedars

Ship Bottom Borough Hall
Ship Bottom

Surf City Fire House
Surf City

Beach Haven Town Hall
300 Engleside Avenue, Beach Haven

Southern Regional Home & School Craft / Vendor Fair

Saturday, November 15th
9am - 2 pm

High School 9/10 Gym

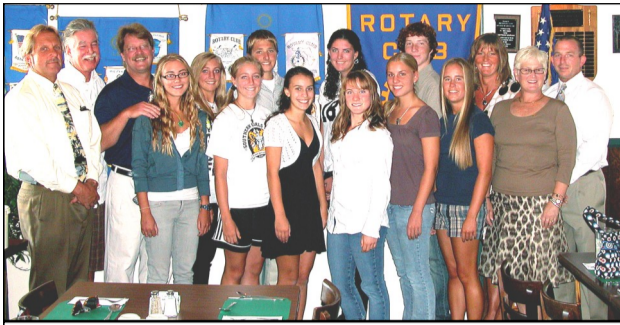
\$1 admission, children under 12 free
Proceeds go to the Southern Regional Scholarship Fund.

Over 50 Crafters & Vendors

Unique Gifts, Pictures with Santa, Southern Regional Gear,
Pottery, Jewelry, Ornaments, Wood Crafts, Seaglass, Tastefully
Simple, Arbonne, Mona Vie and much more!



COMMUNITY CONNECTION



The 2008-2009 Interact Officers were presented to the Long Beach Island Rotary Club, sponsor of this community service organization.

Ocean Township Contracts With Mainsail Manufacturing Class

Deputy Mayor Robert Kraft of Ocean Twp. contracted with the Mainsail Manufacturing Class to build durable, weather resistant, one-piece construction picnic tables, suitable for coastal conditions. The tables were placed at the Crystal Bay Peninsula Park in Waretown. "I am sure the public will appreciate the craftsmanship and quality of these tables. Our partnership with Southern has been of great benefit to both the Waretown residents and the students who have participated in this real-world learning experience," said Kraft.

For the past seventeen years, the Mainsail students and staff have contracted with more than 150 jobs within the local communities. Students learn workshop skills, teamwork and production methods in order to produce a marketable product. Outdoor projects have included: kayak

racks, planter boxes, trash corals, birdhouses and Long Beach Township Green-head Flytraps. This partnership has provided not only a quality product for customers, but hands-on training for students.



Pictured: Students M. Ridgway, P. Morales, M. Kreyling, K. Birdsall, & Devon Kovacs, teachers D. Graham & J. Tomczuk, Board Member R. Sweeney and Deputy Mayor R. Kraft. Not pictured is student N. Pagano.

Maxtap Students Assist with Stafford Heritage Day

Maxtap students fulfilled the role of Junior Docent (guides) at the Stafford Heritage Day at the Stafford Township Arts Center on September 19th. Each junior docent guided an elementary school class from the local district through a day of performances and historical reenactments representing the 18th, 19th and 20th century. Students participated in activities that included antique engines, horses, and artillery while hearing stories about immigration and WWII. Over 650 children followed the direction of the junior docents. In addition to serving as guides, the Maxtap students created signs and maps to be used by the Stafford Historical Society. They also researched historical topics and wrote introductions to be used for the musical acts at the STAC. "Students assisting with Stafford Heritage Day were able to consult with others, research details, and analyze facts. Students needed to use respect and diplomacy to direct both adults and children. The Historical Society has been wonderful in offering us this opportunity for real-world, hands-on learning that allowed the students to contribute to a local community project," said Mrs. Louise Kmosko, Maxtap teacher.

Lather Me Bath & Body Shop Gives Back to Southern

Joelle Lugo, owner of Lather Me Bath & Body Shop, gives back to her alma mater. For 45+ members of the football team her shop provided the traditional season opener haircut: The Mohawk! She also donates bath products and gift certificates for the HS Students of the Month.



Joelle Lugo, owner of Lather Me Bath & Body Shop with members of the football team.

Alumni Share Work Experiences

Alumni John Kaszuba and Mary Birdsong returned to share their work experiences with the students of Southern Regional.

John Kaszuba has a special position in operations at the Hedge Fund Third Point. "In class we have been learning about the financial crisis. It was helpful having him explain to the students how the impact of shareholders' decisions effects our global economy," said Mrs. Colleen Rechenberg, US History Teacher.

Mary Birdsong also shared her experiences in Performing Arts. An accomplished Broadway Actress, TV and Film Star, she offered advice to students involved in the fine arts. "We saw her reel and were impressed by how much she has accomplished. It's also inspiring to think she once performed in our auditorium and on our stage," said senior Filomena Bongio.

Alliance for Wellness Presents Aroma Therapy Workshop

Kevin Moninghoff, owner of Alliance for Wellness, presented a workshop on Aroma Therapy to Mrs. Tracy Paulillo's Critical Issues classes. The students enjoyed learning how different essential oils (lavender, peppermint, eucalyptus, etc.) can effect perception and behavior. Students were invited to test the theory by making their own scented bath salts to take home.



Kevin Moninghoff, owner of Alliance for Wellness.

D.A.T.E. at the Middle School

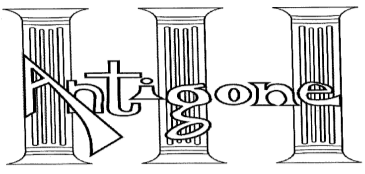
In September, 7th graders participated in the Disability Awareness Through Education, (D.A.T.E.) Program. Funded by the Freeholders of Ocean County, the program educates students and teachers on the challenges endured by the disabled. Three speakers, each with their own disability and distinct story, explained their disability and described or demonstrated the equipment and adaptations needed to function. The program concluded with a valuable question and answer session.



Pictured: Angie Belice & Molly McElwee

Intergenerational Council

Intergenerational Council members enjoyed a hayride and apple picking at Johnson's Corner Farm in Medford.



Southern Regional Theater Company presented Sophocles' Greek tragedy *Antigone*. This production, which has played at Princeton's McCarter Theater, featured the talents of students from the Advanced Improvisational Acting Class. It is a play about the struggle between the rule of government and religious conviction. It goes beyond the belief of right and wrong to understanding that vengeance will only breed vengeance. Under the direction of drama teacher Jim McCabe, the cast included the following students: Paige Meelheim, Louis Baglio, Emily Ramirez, Natalie Jones, Andrew Arango, Danielle Spina, Monique Demopoulos, Samantha Woodlee, Zoey Guarino, Kelsey Holden, Julia Kuti, Jessica Layton, Meghan Mathis, Carly Reynolds, Vanessa Tobia, and Katie Vitulli.



2008-2009 HS Student Council Spirit Theme
Keepin' it REAL at Southern
(Responsibility Enables Active Learning)

❖ The JellyBean Conspiracy performed at the College of New Jersey's Kendall Theatre for the NJASC (New Jersey Association of Student Councils). Students had the opportunity to meet the shows creator, Dr. Howard Martin. New Jersey News will be documenting a performance of the show on April 9th.

❖ SNN broadcasted a Mock Presidential Debate in US History Classes and 12th grade English Classes. Student Council members Katie Orlando and Alex Rossini represented Sen. John McCain and Sen. Barack Obama. An election was held on Oct. 23rd with Democrat Sen. Obama receiving victory over Sen. McCain with 924 to 603 votes.

❖ Japanese 3 and 4 classes visited the Japanese House and Garden in Fairmont Park, PA. The trip included a tour of an authentic traditional home and its garden.

❖ Matthew P. Little was named 2009 Commended Student in the National Merit Scholarship Program. Commended Students placed among the top five percent of more than 1.5 million students who entered the 2009 competition by taking the 2007 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT).

❖ *The Last Lecture Workshop* for teachers based on Randy Paush's book was presented by Mrs. Johanna McCauley, MS librarian. Ideas from the book, explaining the importance of life lessons, were translated in applicable classroom lessons.

❖ Dr. Ken Konchan presented "Lessons from the Holocaust" to the entire sophomore class. The presentation spoke to the origins of Nazi concentration camps, how individuals were able to survive those camps, and the lessons that the Holocaust has taught about genocide. The lecture will enhance learning as students continue to encounter information about the genocide and Holocaust as mandated by the State of New Jersey.

iPlan to Succeed Workshops

Incoming 7th graders attended four iPlan to Succeed Workshops in September. The workshops created by Barbara McHale, academic supervisor and Beth Brahn, assistant principal, were designed to provide students with the strategies needed to succeed in school. The workshops, presented by the middle school guidance counselors, included iPlan to Succeed, iPlan to Manage Myself, iPlan to Use my Learning Style and iPlan to Be a Student.

Congratulations Charles Donahue, Sr.

Recipient of the
**New Jersey State Interscholastic
Athletic Association Football Award**

Recognized for outstanding service to the young men and women of New Jersey.

31st Opening for the Child Development Lab

The Child Development Lab held its 31st opening in October. Two preschool classes are taught by high school students enrolled in one of the three levels of the Child Development courses. A clean, safe, nurturing environment is provided for the preschoolers who attend the morning or afternoon session for two hours on Tuesdays and Thursdays. They participate in a wide variety of learning experiences taught by high school students who are supervised by teachers Mrs. Catherine Latshaw and Mrs. Holly Kropinack.

The H&SA Donates \$3500!

Each class, Grades 7— Adult School received \$500 to use throughout the year.



Officers of the Home & School Association present a check to MS Vice Principal, Elizabeth Brahn, center.

S.T.Y.L.E. Recognizes Anti-Violence/Bully Week

In October, 8th grade S.T.Y.L.E. Peer Leaders helped recognize "Anti-Violence/Bully Week in School" by going into 7th grade classrooms and role-playing different bullying scenarios. Students defined bullying, learned about the roles involved and the different types of bullying that can occur- face to face, sexual harassment and cyber bullying. Information was given about where to turn for help if one is a bully or is being bullied. The presentation concluded with a question and answer session. "Kids telling kids that bullying is not welcome at Southern Regional is a very valuable tool to keep kids safe. Students can make a difference and as adults we are committed to making this a safe and enjoyable place for all students," commented Michael Benson, S.T.Y.L.E. Advisor.

Did You Know?

❖ Studio 100 students were asked to participate in the Martin Truex Jr. Foundation Charity Event. Mike Dougan, Al Rulon and Modern Media teacher Ms. Heather Clarey provided production expertise for documenting the First Annual Golf Event.

❖ The MS Physical Education Department offered a four-day fitness program modeled after the NFL Combine. Students were tested through a battery of physical challenges emphasizing agility, hand-eye coordination, speed and strength.

❖ For a week in October, twelve German exchange students attended Southern Regional. Organized by German teacher, Vasiliki Matthew, students followed their host students' schedule, were interviewed by SNN and presented cultural differences to both MS and HS students.

❖ This year the JROTC program opened its door to new recruits! Eight Barnegat High School students are currently enrolled in a "shared services" program between the two districts.

❖ The BARK (Books and Reading with K-9's) and PAWS Program is back! Pets Assisting Willing Students has been expanded to three times a week and conducts "business as usual," but with Brody the chocolate lab therapy dog in the room. A therapy dog provides students with an unobtrusive and calming presence and presents a common bond that can help facilitate discussion and social interaction among peers.

Southern welcomes to the staff...



Nicholas Schumacher, Jaime Chavan, Lynne Crespy, Caroline Garguilo, Angela Rojas and Jonathan White. Shana Fields not pictured.

Musical Notes

❖ The Golden Rams Marching Band hosted the Cavalcade of Bands Marching Band Competition on October 25th. Bands from NJ and PA competed for Regional Championship Honors.

❖ On October 11th, the High School Vocal Ensemble and String Ensemble performed at the 150th Anniversary of the Barnegat Lighthouse.

❖ On October 3rd, students in the MS Band Two Class were guests of the Golden Rams Marching Band for the Homecoming Football Game. MS students joined the Marching Band as they played "pep band music" in the stands throughout the game.

Sports Corner.....

- The Girls Volleyball Team completed its 100th consecutive win against Shore Conference opponents!
- The Middle School Field Hockey Team was undefeated for the season and are Conference Champions!

I can, We Can, SUCCEED!